



**Deliver yourself
home safely**

WHS rights and duties

Do you deliver food?

In Australia, you have a right as a food delivery **worker** to be safe and feel safe when at work.



You are a **worker** if you carry out work for a platform (app) that provides delivery services and/or a food outlet (restaurant/shop) whose food/drink is delivered.

A worker can include employees and contractors (self-employed) at a business.

The platforms (via an app) and food outlets (restaurants/shops) must protect workers' health and safety. This means the platform and food outlet must manage risks and dangers (dangerous situations) that may harm you and do all it can to keep you and other workers safe.

As a worker, you have a right to request a health and safety representative (HSR) be elected to represent you on health and safety issues at work. Talk to the food outlet or platform to find out more or seek guidance from your work health and safety regulator.

You also have a responsibility as a worker for your own safety and the safety of the people around you.

As a food delivery worker, you have both rights and responsibilities because you can be **both a worker and contractor (self-employed) at the same time.**



You are **self-employed** if you manage your own food delivery work.

If you are a contractor (self-employed) and a worker, the platform and food outlet must keep you safe, but you also have a shared responsibility to protect yourself and other people around you, such as pedestrians, when you are working. It is important that you, the platform and food outlet talk to each other about health and safety. This will help you understand the type of hazards delivery workers face, how the health and safety risks will be managed, the type of actions that need to be taken and who is best placed to manage each risk.

You can also contact the WHS regulator in your jurisdiction with work health and safety concerns.

This content is provided to improve general awareness of work health and safety and is not intended to be legal advice or to replace requirements under the work health and safety laws in your state or territory.

